

2013 Psychiatric CPT Code Update

APNA Webinar
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Objectives

- Describe the 2013 revisions to the Current Procedural Terminology (CPT) codes related to psychiatric billing and documentation
- Compare and contrast the new CPT and existing codes for billing and documentation purposes in PMH nursing practice



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Categories of CPT Codes

- Diagnostic
- Psychotherapy
- Psychotherapy with E/M
- Other Psychotherapy
- Other Psychiatric Services



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Diagnostic Codes 2012

Service	CPT Code	2013 Change
Diagnostic interview examination	90801	DELETED
Interactive diagnostic interview examination	90802	DELETED



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Diagnostic Codes 2013

Service Code Report with interactive complexity (+90785)

Diagnostic evaluation (no medical)	90791	WHEN APPROPRIATE
Diagnostic evaluation with medical	90792	WHEN APPROPRIATE
Diagnostic evaluation (no medical)	90791	YES
Diagnostic evaluation with medical	90792	YES



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Psychotherapy Codes - 2012

Service	CPT Code	2013 Change
Individual psychotherapy 20-30 minutes	90804, 90816	
45-50 minutes	90806, 90818	DELETED
75-80 minutes	90808, 90821	
Interactive individual psychotherapy 20-30 minutes	90810, 90823	DELETED
45-50 minutes	90812, 90826	
75-80 minutes	90814, 90828	



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Psychotherapy Codes – 2013 Changes

Service	CPT Code Change	Report with Interactive complexity (+90785)
Psychotherapy 30 minutes (16 to 37 minutes)	90832	
45 minutes (38 to 52 minutes)	90834	When appropriate
60 minutes (53+ minutes)	90837	



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Psychotherapy Codes – 2013 Changes

Service	CPT Code Change	Report with Interactive complexity (+90785)
<u>Interactive</u>		
Psychotherapy 30 minutes (16 to 37 minutes)	90832	Yes
45 minutes (38 to 52 minutes)	90834	Yes
60 minutes (53+ minutes)	90837	Yes



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Psychotherapy with Evaluation & Management (E/M) Codes - 2012

Service	CPT Code	2013 Change
Individual psychotherapy with E/M 20-30 minutes	90805, 90817	
45-50 minutes	90807, 90819	DELETED
75-80 minutes	90809, 90822	
Interactive individual psychotherapy 20-30 minutes	90811, 90824	DELETED
45-50 minutes	90813, 90827	
75-80 minutes	90815, 90829	



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Psychotherapy with Evaluation & Management (E/M) Codes - 2013

Service	Code	Report with interactive complexity (+90785)
E/M plus psychotherapy add-on	E/M code (selected using key components, not time) and one of: +90833 30 (16-37*) minutes +90836 45 (38-52*) minutes +90838 60 (53+*) minutes	When appropriate Yes



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Other Psychotherapy Codes - 2012

Service	CPT Code	2013 Change
Family psychotherapy	90846, 90847, 90849	RETAINED
Group psychotherapy	90853	RETAINED
Interactive group psychotherapy	90857	DELETED



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Other Psychotherapy Codes - 2013

Service	CPT Code	Report with interactive complexity (+90785)
Psychotherapy for crisis	90839, + 90840	NO
Family psychotherapy	90846, 90847, 90849	NO
Group psychotherapy	90853	When appropriate
Interactive group psychotherapy	90853	Yes



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Other Psychiatric Services

Service	Code	2013 Change
Pharmacologic management	90862	DELETED



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Other Psychiatric Services

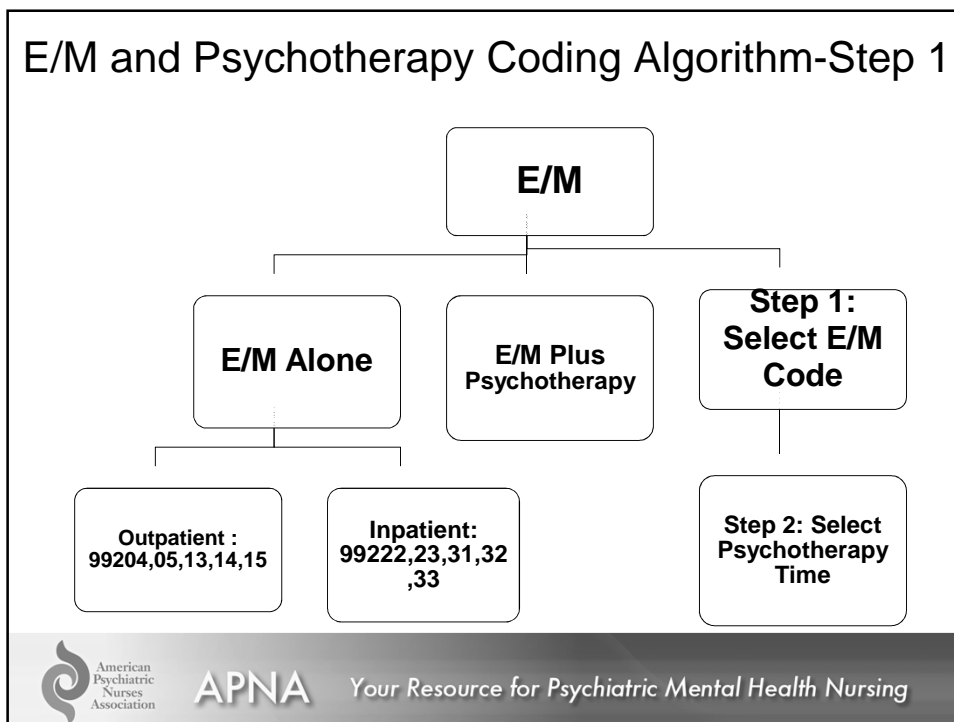
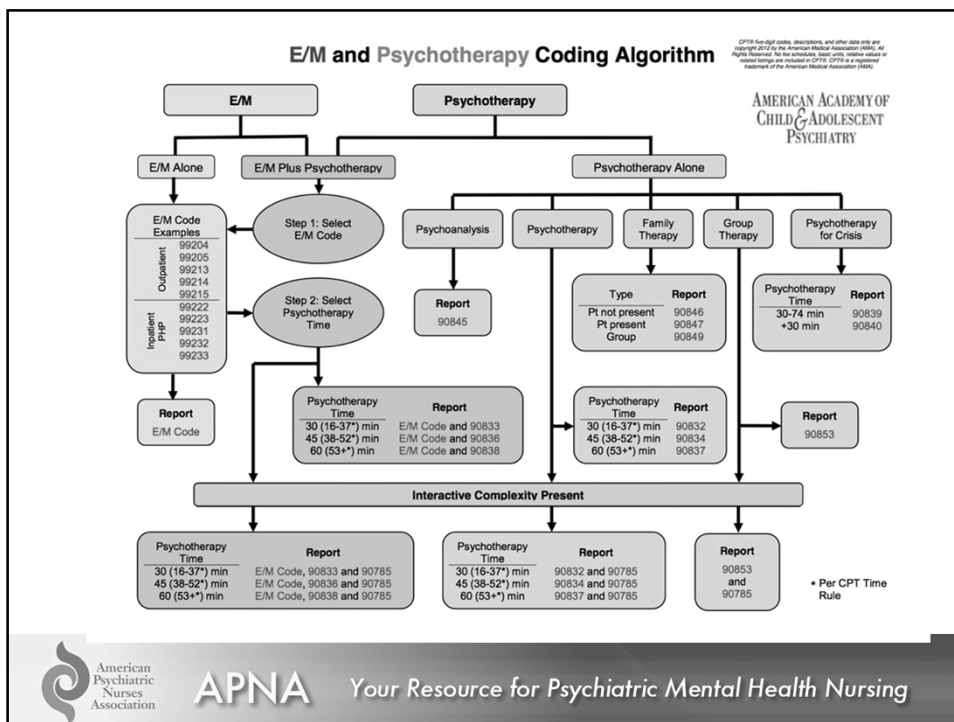
Service	Code	Report with interactive complexity (+90785)
Evaluation and management	E/M code	No

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E/M Plus Psychotherapy Reporting

<u>Psychotherapy Time</u>	<u>Report Code</u>
30 (16-37*) minutes	E/M Code and 90833
45 (38-52*) minutes	E/M Code and 90836
60 (53+*) minutes	E/M Code and 90838

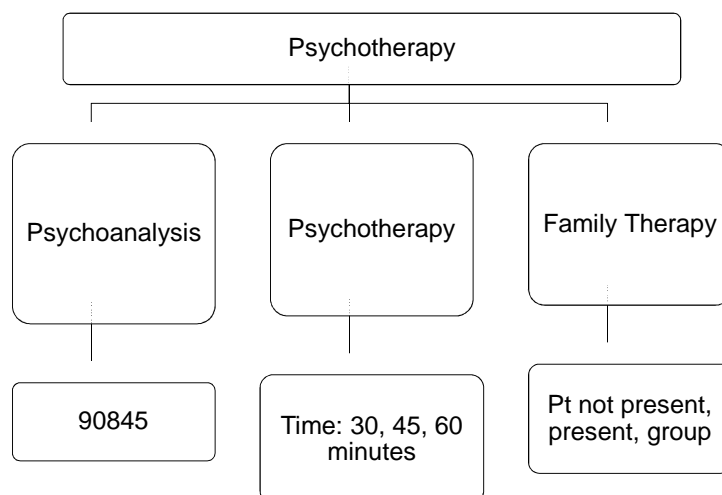
* CPT Time Rule



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E/M and Psychotherapy Coding Algorithm-Step 2



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Psychotherapy Reporting

<u>Psychotherapy Time</u>	<u>Report Code</u>
30 (16-37*) minutes	90832
45 (38-52*) minutes	90834
60 (53+*) minutes	90837



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Family Psychotherapy Reporting

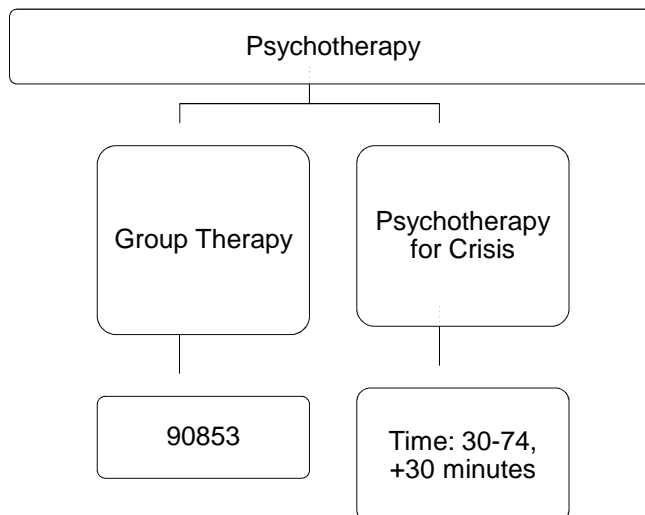
<u>Participants</u>	<u>Report Code</u>
• Patient <u>not present</u>	90846
• Patient is present	90847
• Group-family	90849



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E/M and Psychotherapy Coding Algorithm-Step 3



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Psychotherapy for Crisis Reporting

<u>Psychotherapy Time</u>	<u>Report Code</u>
30-74 minutes	90839
+30 minutes	90840



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Interactive Complexity Present

Psychotherapy Time	Report Code
30 (16-37*) minutes	E/M Code, 90833 and 90785
45 (38-52*) minutes	E/M Code, 90836 and 90785
60 (53+*) minutes	E/M Code, 90838 and 90785



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Interactive Complexity Present

Psychotherapy Time	Report Code
30 (16-37*) minutes	90832 and 90785
45 (38-52*) minutes	90834 and 90785
60 (53+*) minutes	90837 and 90785



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Interactive Complexity Present

Group Therapy

Report Code

90853 and 90785



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Interactive Complexity

- A new concept in 2013
- Refers to 4 specific communication factors during a visit
- Complicate delivery of the 'primary' psychiatric procedure
- Report with CPT add-on code 90785.



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4 Communication Factors that Complicate Psychotherapy Visits

1. The need to manage maladaptive communication (related to, e.g., high anxiety, high reactivity, repeated questions, or disagreement) among participants that complicates delivery of care.



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2. Caregiver emotions or behaviors that interfere with implementation of the treatment plan.



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3. Evidence or disclosure of a sentinel event and mandated report to a third party (e.g., abuse or neglect with report to state agency) with initiation of discussion of the sentinel event and/or report with patient and other visit participants.

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4. Use of play equipment, physical devices, interpreter or translator to overcome barriers to diagnostic or therapeutic interaction with a patient who is not fluent in the same language or who has not developed or lost expressive or receptive language skills to use or understand typical language.

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Interactive complexity is an Add-on Code

- Need only 1 communication factor when seeing a patient
- Add-on codes may be reported in conjunction with specified "primary" procedure codes.
- Add-on codes may never be reported alone.



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Psychiatric "primary procedures" and Codes

- Psychiatric diagnostic evaluation, 90791, 90792
- Psychotherapy, 90832, 90834, 90837
- Psychotherapy add-on codes, 90833, 90836, 90838, when reported with E/M
- Group psychotherapy, 90853



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Interactive Complexity Code (90875) Should Not be Used with:

- Psychotherapy for crisis (90839, 90840)
- E/M alone, i.e., E/M service not reported in conjunction with a psychotherapy add-on service
- Family psychotherapy (90846, 990847, 90849)

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Interactive Complexity and Time

- When performed with psychotherapy, interactive complexity (90785) relates only to the increased work intensity
- Does not change the time for the psychotherapy service.

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Final Notes

- 2013 CPT changes more adequately reflect the complexity in actual practice
- APNs continue to diagnose and treat patients with comorbidities and complicated histories
- Treatment entails increased coordination of care, involving other providers, social organizations and family members.



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References

- 2013 CPT Coding Manual
- American Academy of Children and Adolescent Psychiatry (AACAP) online webinars permission granted to APNA
- American Psychiatric Association:
<http://www.psych.org/practice/managing-a-practice/cpt-changes-2013/current-procedural-terminology-cpt-code-changes-for-2013>
- Medicare learning network:
http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/eval_mgmt_serv_guide-ICN006764.pdf



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Thank you!

- We hope that you find the information helpful and un-complicate the new CPT codes.
- We believe that these changes provide additional options to code services, directly reflecting the level of complex care APNs provide.

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